



PROFILE

Accomplished entrepreneur and business owner with a proven history in the restaurant and mental health industries. Skilled in business management, counseling, and marketing. Dedicated to providing exceptional experiences and services across multiple ventures.

CONTACT

[REDACTED]
Email:

[REDACTED]
Email:

HOBBIES

Community Engagement
Gardening
Dancing

EDUCATION

Lewis University

August 2012 – December 2019

Master of Arts in Clinical Mental Health Counseling GPA: 3.7
Recognized in the Dean's list, served as the assistant to the Provost Office, and selected to lead the Graduation Procession for the graduating class of 2019.

Joliet Junior College

August 2010 – May 2012

Associate of Arts in Psychology GPA: 3.8
Graduated with HONORS, as the LEAD PEER MENTOR, Ambassador, President of Transcendental Meditation Club, and Public Relations Representative for the Student Government Body. Awarded the Leadership Achievement Award.

WORK EXPERIENCE

Leilani Asian Fusion, Owner

Jan 2022 – Present

- Founded and manage a successful Asian fusion restaurant
- Oversee all aspects of business operations, including menu development, staff management, and financial planning
- Cultivate relationships with local suppliers to ensure high-quality ingredients
- Implement marketing strategies to increase brand awareness and customer base

Wounded Healers Counseling Service, Owner

April 2022 – Present

- Established and operate a counseling practice focused on mental health and wellness
- Provide individual and group therapy sessions to diverse clientele
- Develop and implement treatment plans tailored to client needs
- Maintain accurate and confidential client records in compliance with legal and ethical standards

Taking Control, Mental Health Counselor

December 2019 – April 2022

- Offered counseling services to individuals and families dealing with various mental health issues
- Collaborated with a multidisciplinary team to ensure comprehensive client care
- Conducted assessments and developed personalized treatment plans
- Facilitated group therapy sessions and workshops on stress management and coping skills