Vimi Shukla

Summary

Certified teacher with seasoned organizational and people skills. Managing projects for a non-profit and conducting business in alliance with various yoga organizations. Leading a non-profit walking club from last several years and organizing several events focusing on physical and mental fitness. Working as an independent Realtor in a local brokerage firm.

Education

Bachelor of Education and Bachelor of Science degrees Certified Middle School Science teacher Certified 200 Level Yoga teacher Prenatal Yoga teacher

Experience

Yoga for

Life Aurora , IL

Principal Since 2010

- Engage with Yoga Studios, Park Districts and other organizations to conduct workshops
- · Manage all business and operational aspects of the practice
- Develop curriculum and teaching various forms of Yoga
- Create individualized coaching plans for personal instruction clients

SOS Non-Profit

Organization

Naperville, IL

Project Manager and Public Relations

Since

- 2005
- Develop promotional plans in media for events
- Manage creation and delivery of collateral and promotional materials
- Direct media vendors to schedule and expedite publication
- Help develop content for distribution in media
- Negotiate pricing and manage finances for project work
- Create organizational structure for executing events/ projects
- Develop work breakdown and schedules for tasks, team assignment
- Counsel team members during conflict

Happy Feet Walkers Club Aurora/Naperville, IL President Since 2017

- Organizing various fitness related events for the members and raising funds for other organization.
- Organizing annual 5k walk for the club

Key Skills

- Information management and data organization
- Time management
- Communicating with media vendors and service suppliers
- Managing projects with diverse teams and tight deadlines
- Handling conflict
- Coaching people for the issues regarding their health & wellness issues